



# Duncanville ISD

## 2019-20

### High School Breakfast & Lunch Weekly Cycle

Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Toast Crunch Watermelon Applesauce Orange Juice 100% Milk Choice	Breakfast Pizza Sour Lemon Raisels Orange Juice 100% Milk Choice	Breakfast Sandwich on a Croissant Fresh Grapes Diced Fruit Cup Milk Choice Grape Jelly	Breakfast Chicken Sandwich Sour Watermelon Raisels Orange Juice 100% Milk Choice Grape Jelly	Mini Powdered Donuts Golden Apple Milk Choice
Main Street Café				
<b>Pepperoni Calzone</b>  Garlic Breadstick Classic Yellow Corn Glazed Carrots Fresh Pear Orange Juice 100% "Made from Scratch" Cookie Ranch  White Milk 1% Chocolate Milk FF	<b>Pepperoni Pizza</b>  Garlic Breadstick Broccoli w/ Cheese Cucumber Slices & Ranch Mandarin Oranges Orange Juice 100% Chocolate Pudding  White Milk 1% Chocolate Milk FF	<b>BBQ Pulled Pork Sandwich</b>  Mac & Cheese Baby Carrots & Ranch Oven Baked Beans Fresh Sweet Orange Sliced Peaches  Pickles  White Milk 1% Chocolate Milk FF	<b>Pepperoni Pizza</b>  Garlic Breadstick Fresh Garden Salad Baby Carrots & Ranch Juicy Pineapple Orange Juice 100%  White Milk 1% Chocolate Milk FF	<b>Chicken Fried Steak</b>  Texas Toast Mashed Potatoes Signature Green Beans Fresh Apple Fruit Cobbler  Ketchup/ White Gravy  White Milk 1% Chocolate Milk FF
Fast Eats				
<b>General Tso's Chicken &amp; Fried Rice w/ Crispy Chow Mein Noodles</b>  Seasoned Spinach Glazed Carrots Fresh Pear Orange Juice 100% "Made from Scratch" Cookie  White Milk 1% Chocolate Milk FF	<b>Homestyle Chicken Wings</b>  Buttered Dinner Roll Classic Yellow Corn Baby Carrots & Ranch Mandarin Oranges Orange Juice 100% Chocolate Pudding  White Milk 1% Chocolate Milk FF	<b>Tamales</b>  Spanish Rice Tortilla Chips Refried Beans Cucumber Slices & Ranch Fresh Sweet Orange Sliced Peaches Chocolate Pudding Salsa  White Milk 1% Chocolate Milk FF	<b>Breaded Chicken</b>  Buttered Dinner Roll Mashed Potatoes Seasoned Carrots Juicy Pineapple Orange Juice 100% Chocolate Pudding  Ketchup/ White Gravy  White Milk 1% Chocolate Milk FF	<b>Tangerine Chicken &amp; Fried Rice w/ Egg Roll</b>  CA Blend Vegetables Celery Sticks & Ranch Fresh Apple Fruit Cobbler  White Milk 1% Chocolate Milk FF
Casa Amigos				
<b>Tostitos Rounds</b>  <b>Taco Meat or Chicken Fajita</b>  Spanish Rice Refried Beans Lettuce & Diced Tomatoes  Fresh Pear Orange Juice 100%  "Made from Scratch" Cookie Cheese Sauce Sour Cream Jalapenos Onions  White Milk 1% Chocolate Milk FF	<b>Tostitos Rounds</b>  <b>Taco Meat or Chicken Fajita</b>  Spanish Rice Refried Beans Lettuce & Diced Tomatoes  Mandarin Oranges Orange Juice 100%  Chocolate Pudding Cheese Sauce Sour Cream Jalapenos Onions  White Milk 1% Chocolate Milk FF	<b>Tostitos Rounds</b>  <b>Taco Meat or Chicken Fajita</b>  Spanish Rice Refried Beans Lettuce & Diced Tomatoes  Fresh Sweet Orange Sliced Peaches  Cheese Sauce Sour Cream Jalapenos Onions  White Milk 1% Chocolate Milk FF	<b>Tostitos Rounds</b>  <b>Taco Meat or Chicken Fajita</b>  Spanish Rice Classic Yellow Corn Refried Beans Lettuce & Diced Tomatoes Juicy Pineapple Orange Juice 100%  Chocolate Pudding Cheese Sauce Sour Cream Jalapenos Onions  White Milk 1% Chocolate Milk FF	<b>Tostitos Rounds</b>  <b>Taco Meat or Chicken Fajita</b>  Spanish Rice Refried Beans Lettuce & Diced Tomatoes  Fresh Broccoli & Ranch Fresh Apple  Fruit Cobbler Cheese Sauce Sour Cream Jalapenos Onions  White Milk 1% Chocolate Milk FF

\*A healthy plate must consist of fruits & vegetables daily

\*Minimum Allowance for School Lunch: 3 Components

\*Maximum Allowance for School Lunch: 5 Components

<b>Grillworks</b>				
<b>Cheeseburger Hamburger</b>  <b>Spicy Chicken Sandwich</b>  Sweet Potato Fries Cucumber Slices & Ranch Fresh Pear Orange Juice 100% "Made from Scratch" Cookie  Ketchup/Mustard/Mayo Pickle Slices  White Milk 1% Chocolate Milk FF	<b>Bacon Cheeseburger Hamburger</b>  <b>Spicy Chicken Sandwich</b>  Crispy Potato Rounds Broccoli w/ Cheese Mandarin Oranges Orange Juice 100% Chocolate Pudding  Ketchup/Mustard/Mayo Pickle Slices  White Milk 1% Chocolate Milk FF	<b>Cheeseburger Hamburger</b>  <b>Spicy Chicken Sandwich</b>  Goldfish Crackers Baby Carrots & Ranch Oven Baked Beans Fresh Sweet Orange Sliced Peaches  Ketchup/Mustard/Mayo Pickle Slices  White Milk 1% Chocolate Milk FF	<b>Bacon Cheeseburger Hamburger</b>  <b>Spicy Chicken Sandwich</b>  Crispy Potato Rounds Celery Sticks & Ranch Juicy Pineapple Orange Juice 100% Chocolate Pudding  Ketchup/Mustard/Mayo Pickle Slices  White Milk 1% Chocolate Milk FF	<b>Cheeseburger Hamburger</b>  <b>Spicy Chicken Sandwich</b>  Flamin' Hot Fantastix Baby Carrots & Ranch Classic Yellow Corn Fresh Apple Fruit Cobbler  Ketchup/Mustard/Mayo Pickle Slices  White Milk 1% Chocolate Milk FF
<b>Light &amp; Fresh Way</b>				
<b>Baked Potato</b>  <b>Turkey Sandwich Pack</b>  Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Texas Toast "Made from Scratch" Cookie  Fresh Pear Orange Juice 100%  Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	<b>Baked Potato</b>  <b>Turkey Sandwich Pack</b>  Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Garlic Breadstick  Mandarin Oranges Orange Juice 100% Chocolate Pudding Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	<b>Baked Potato</b>  <b>Turkey Sandwich Pack</b>  Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Texas Toast  Fresh Sweet Orange Sliced Peaches Chocolate Pudding Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	<b>Baked Potato</b>  <b>Turkey Sandwich Pack</b>  Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Garlic Breadstick  Juicy Pineapple Orange Juice 100% Chocolate Pudding Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF	<b>Baked Potato</b>  <b>Turkey Sandwich Pack</b>  Lettuce (Side Salad) BBQ Pulled Pork Shredded Cheddar Cheese Fresh Spinach Fresh Broccoli Cucumber Slices Cherry Tomatoes Classic Yellow Corn Baked Beans Shredded Carrots Sliced Jalapenos Texas Toast  Fresh Apple Fruit Cobbler  Ranch Dressing Sour Cream/Margarine Mustard/Mayo White Milk 1% Chocolate Milk FF
<b>Summit</b>				
<b>Cheeseburger</b>  Fresh Apple Raw Baby Carrots Fresh Broccoli "Made from Scratch" Cookie  Ketchup/Mustard/Mayo/Ranch  White Milk 1% Chocolate Milk FF	<b>Spicy Chicken Sandwich</b>  Orange Juice 100% Mixed Fruit Cup Classic Yellow Corn Raw Baby Carrots  Ketchup/Mustard/Mayo/Ranch  White Milk 1% Chocolate Milk FF	<b>Bacon Cheeseburger</b>  Goldfish Crackers Fresh Apple Fresh Broccoli Oven Baked Beans  Ketchup/Mustard/Mayo/Ranch  White Milk 1% Chocolate Milk FF	<b>Spicy Chicken Sandwich</b>  Orange Juice 100% Mixed Fruit Cup Classic Yellow Corn Raw Baby Carrots  Ketchup/Mustard/Mayo/Ranch  White Milk 1% Chocolate Milk FF	<b>Cheeseburger</b>  Fresh Apple Raw Baby Carrots Fresh Broccoli "Made from Scratch" Cookie  Ketchup/Mustard/Mayo/Ranch  White Milk 1% Chocolate Milk FF

This institution is an equal opportunity provider.

**\*A healthy plate must consist of fruits & vegetables daily**

Menu is subject to change.

**\*Minimum Allowance for School Lunch: 3 Components**

**\*Maximum Allowance for School Lunch: 5 Components**



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2019-20  
PACE Lunch

PACE				
<b>Pepperoni Calzone</b>  <b>Cheeseburger</b>  <b>Turkey Sandwich Pack</b> Classic Yellow Corn Glazed Carrots Fresh Pear Orange Juice 100% "Made from Scratch" Cookie  Ketchup/Mustard/Mayo Pickle Slices Ranch  White Milk 1% Chocolate Milk FF	<b>Homestyle Chicken Wings</b>  <b>Pepperoni Pizza</b>  Buttered Dinner Roll Broccoli w/ Cheese Cucumber Slices & Ranch Mandarin Oranges Orange Juice 100% Chocolate Pudding  Ketchup/Mustard/Mayo Pickle Slices  White Milk 1% Chocolate Milk FF	<b>BBQ Pulled Pork Sandwich</b>  <b>Spicy Chicken Sandwich</b>  Mac & Cheese Baby Carrots & Ranch Oven Baked Beans Fresh Sweet Orange Sliced Peaches Chocolate Pudding  Ketchup/Mustard/Mayo Pickle Slices  White Milk 1% Chocolate Milk FF	<b>Pepperoni Pizza</b>  <b>Bacon Cheeseburger</b>  <b>Turkey Sandwich Pack</b> Garlic Breadstick Baby Carrots & Ranch Fresh Garden Salad Juicy Pineapple Orange Juice 100% Chocolate Pudding  Ketchup/Mustard/Mayo Pickle Slices  White Milk 1% Chocolate Milk FF	<b>Tangerine Chicken &amp; Fried Rice w/ Egg Roll</b>  <b>Chicken Fried Steak</b>  Texas Toast Mashed Potatoes Signature Green Beans Fresh Apple Fruit Cobbler  Ketchup/ White Gravy  White Milk 1% Chocolate Milk FF

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